

## What happens if you miss your birth control pills?

You could get pregnant.

You may have some bleeding between periods.

You may want to choose another kind of birth control if you miss your pills a lot.

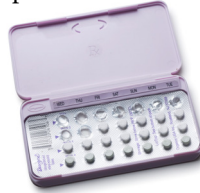
## What do you do if you miss pills?

### If you miss 1 pill



- 1 Take the pill you missed now.

- 2 Take the next pill at the usual time.



- 3 Use condoms or do not have sex for **7** days.

### If you miss 2 pills



- 1 Today, take the two pills you missed.



Today



Tomorrow

- 2 Tomorrow, take the next two pills at the usual time.



- 3 Take the rest as usual.



- 4 Use condoms or do not have sex for **7** days.

### If you miss 3 or more pills



You have missed too many. You have to start over.

- 1 Throw your old pack away.



- 2 You must start a new pack now.



- 3 Then, take as usual.



- 4 Use condoms or do not have sex for **7** days.

## What can you do if you miss any pills and have had sex without a condom?



Ask right away about the emergency pills at your clinic or a pharmacy.

**(111) 222-3333**